



Spring 2019

**Program Minimum Program Requirements and Registration Fees for
PRESTAR, STAR 1, 2, 3 4 AND 5 and UP**

Skaters must be assessed by and receive approval from our Head Coach prior to registering for PreStar or Star 1-5 and up. For Spring 2019, skaters will register in their assigned categories as communicated by email.

To ensure continuing development, the recommended frequency for skaters is a minimum of two times a week. **Star 2 to Star 4 skaters must register for either a Wednesday or Friday session offered at 7:00 AM - 7:45 AM. Star 5 & Up skaters must register for either a Wednesday or Friday session offered at 6:00 AM - 7:00 AM.**

PROGRAM PRICING AND DISCOUNTS

As you register, you will see a unit cost displayed per program session. Appropriate discounts will be applied when you complete your registration and check out.

We offer a **10% discount** per skater if you register for **three (3)** or more sessions.

ADDITIONAL FEES

The following fees will also be automatically added to each individual registration:

- **\$35.65 Skate Canada Membership and Safe Sport Initiative Fee** payable once to Skate Canada (valid from September 1, 2018 to August 31, 2019)
- **\$10 RPFSC Administration Fee** (payable once from September 1, 2018 to August 31, 2019)
- **\$80 Volunteer Fee for Spring 2019**

New Helmet and Head Protection Policy for PreStar and Star 1 Skaters

Beginning September 1, 2018, in order to decrease the severity of a head injury in the event of a fall,

- **PreStar skaters** must continue to wear a CSA approved hockey helmet during lessons or they will not be permitted to skate.
- **Star 1 skaters** are strongly encouraged and highly recommended to either continue wearing a CSA approved hockey helmet or transition to wearing an Ice Halo.

Each PreStar, Star1, 2, 3, 4 and 5 & Up session is structured as follows:

- 15 minute Off-Ice Warm Up and 5 minutes to put on skates
- 45 minute, 60 minute or 75 minute on ice session
- 5 minutes to remove skates and 15 minute Off-Ice Cool Down

PreStar, Star 1, Star 2, Star 3 and Star 4 fees include ice time, Off-Ice (Warm Up and Cool Down except where indicated) and coaching.

Star 5 & Up fees include ice time, Off-Ice (Warm Up and Cool Down except where indicated). Coaching fees are billed on a monthly basis.

Star 2, Star 3, Star 4 and Star 5 & Up must register for at least 1 Wednesday or Friday morning session.

PRESTAR

Day of week	Session Time	Fee
Monday*	5:45 pm to 6:30 pm	\$195.00
Tuesday	4:10 pm to 5:50 pm	\$260.00
Saturday	10:55 am to 12:20 pm	\$234.00
Sunday*	7:00 pm to 7:45 pm	\$195.00

STAR 1

Day of week	Session Time	Fee
Monday	6:10 pm to 7:35 pm	\$234.00
Tuesday	4:10 pm to 5:50 pm	\$260.00
Saturday	10:55 am to 12:20 pm	\$234.00
Sunday*	7:45 pm to 8:30 pm	\$195.00

STAR 2

Day of week	Session Time	Fee
Monday	6:10 pm to 7:35 pm	\$234.00
Tuesday	4:10 pm to 5:50 pm	\$260.00
Wednesday*	7:00 am to 7:45 am	\$65.00
Friday*	7:00 am to 7:45 am	\$65.00
Saturday	9:25 am to 11:20 am	\$312.00
Sunday*	7:45 pm to 8:30 pm	\$195.00

STAR 3 & 4

Day of week	Session Time	Fee
Monday	6:10 pm to 7:35 pm	\$234.00
Wednesday*	7:00 am to 7:45 am	\$65.00
Friday*	7:00 am to 7:45 am	\$65.00
Saturday	9:25 am to 11:20 am	\$312.00
Sunday*	7:45 pm to 8:30 pm	\$195.00

STAR 5

Day of week	Session Time	Fee
Monday	6:55 pm to 8:35 pm	\$85.00
Wednesday*	6:00 am to 7:00 am	\$30.00
Friday*	6:00 am to 7:00 am	\$30.00
Saturday*	7:30 am to 8:30 am	\$65.00
Saturday	8:30 am to 9:50 am (no Off-Ice before session)	\$78.00
Sunday*	8:30 pm to 9:15 pm	\$58.00

* No Off-Ice

■ Off-Ice Warm Up and Cool Down

10% Discount when registering for more than 3 sessions.

\$80 Volunteer Opt-Out Fee